

Sugar-Candy.

- 6 cups of sugar.
- 1 cup of vinegar.
- 1 cup of water.
- Tablespoonful of butter, put in at the last, with
- 1 teaspoonful saleratus (baking soda) dissolved in hot water.

Dissolve the sugar in the vinegar and water. Boil fast *without stirring*, an hour, or until it crisps in cold water. Stir in the butter and soda, the latter dissolved in hot water. Pull white with the tips of your fingers.

Since children must eat candy, this is the best you can give them. It is very nice. Flavor to taste.

Harland, M. (1883). *Common Sense in the Household: A Manual of Practical Housewifery*. New York, NY: CHARLES SCRIBNER'S SONS.